

# Hallowed Homecoming: A Samhain Retreat

## 2021

### Event Menu

Items marked with **V** are Vegan or Vegetarian Friendly, **or** a Veg\*n option is available. Assume items are Vegan unless stated otherwise.

Items marked with **GF** are Gluten-Free, **or** a GF option will be available  
Items marked with **AF** are Allium-Free, **or** an AF option will be available

#### Thursday, 28 October

**Breakfast:** None

**Lunch:** None

**Dinner:** **(STAFF ONLY)** **TBD**

#### Friday, 29 October

**Breakfast:** **(STAFF ONLY)**

Scrambled Eggs

Pancakes

Bacon

**Lunch:** **(EARLY ARRIVALS AND STAFF)**

Grilled Cheese

Tomato-Basil Soup

**Dinner:** Pasta Bar

-Bow Tie & Spiral Pastas **(GF)**

-Alfredo, Marinara **(V, AF, GF)**, Pesto

-Meatballs **(GF, AF)**

-Parmesan

-Fresh Tomatoes

-White Beans

-Steamed Broccoli

-Spinach

Green Salad **(V, GF, AF)**

Garlic Bread **(V, GF)**

Apple Cake **(V, GF, AF)**

# Hallowed Homecoming: A Samhain Retreat

## 2021

### Event Menu

Items marked with **V** are Vegan or Vegetarian Friendly, or a Veg\*n option is available. Assume items are Vegan unless stated otherwise.

Items marked with **GF** are Gluten-Free, **or** a GF option will be available  
Items marked with **AF** are Allium-Free, **or** an AF option will be available

## **Saturday, 30 October**

**Breakfast:** Overnight Oats w/toppings (V, GF)  
Egg & Cheese Casserole (AF)  
Veg\*n Breakfast Casserole (V, GF)  
Breakfast Baked Goods/Leftover Apple Cake (V, GF)

**Lunch:** Tomato-Basil Soup (**V, GF**)  
Pasta Salad w/Chicken & Veg (**V, GF, AF**)  
Green Salad w/Chilled Fish (*Salmon or Cod*) (**V, GF, AF**)  
Dinner Rolls

**Dinner:** Pork Casserole/Stew (*thick & hearty with lots of veg*) (GF)  
Veg\*n Casserole/Stew (*the above stew minus the pork*) (GF, AF)  
Whole-grain Flat Breads (*butter, olive oil & honey on the side*) (GF, V)  
Baked Apples  
Honey Cake

**Post-Rit:** Leftovers – cakes, breads  
Popcorn  
Hot Cocoa

# Hallowed Homecoming: A Samhain Retreat

2021

## Event Menu

*Items marked with **V** are Vegan or Vegetarian Friendly, **or** a Veg\*n option is available. Assume items are Vegan unless stated otherwise.*

*Items marked with **GF** are Gluten-Free, **or** a GF option will be available*  
*Items marked with **AF** are Allium-Free, **or** an AF option will be available*

Sunday, 31 October

**Breakfast:**    Overnight Oats w/Toppings (V, GF)  
                  Breakfast Casseroles (V, GF, AF)  
                  Leftover baked goods, fruits, etc. (V, GF)

**Lunch:**    Leftovers – it all must go! Zippy bags also provided!

DRAFT