

## 2018 - Proposed Menu

### **Thursday - Dinner (Staff)**

- Jambalaya (Chicken, Sausage, and shrimp)
- Corn Maque Choux
- Salad & fixings
- Bread - Heat & Serve Rolls
- Fresh Fruit
- Dessert

### **Friday - Breakfast (Staff)**

- Overnight Oatmeal w/Toppings
- Quinoa
- Scrambled Eggs
- Bacon
- Sausage gravy
- Biscuits
- Grits
- Fresh Fruit

### **Friday - Lunch**

- Roast Beef Sandwiches
- Black Bean Burgers
- Portobello Burgers
- Tomato & Basil Soup
- Salad & Fixin's
- Fresh Fruit

### **Friday - Dinner**

- BBQ Pulled Chicken (shredded w/Various sauces)
- BBQ Jackfruit
- Carolina BBQ Sauce
- Black Eyed Peas
- Cole Slaw
- Collard Greens
- Cornbread
- Salad & Fixin's
- Fresh Fruit
- Fruit Crumbles w/Vanilla Sauce

### **Saturday - Breakfast**

- Overnight Oatmeal w/Toppings
- Vanilla Quinoa
- Hard Boiled Eggs

- Bacon
- Cinnamon Scones
- Orange & Cranberry Scones
- Sausage & Egg Casserole
- Blueberry Pancake Casserole
- Vegan Breakfast Casserole
- Fresh Fruit

### **Saturday - Lunch**

- Beef Stew
- Bean Soup (Vegan)
- Rice
- Polenta Cakes (V)
- Polenta Cakes (no Allium)
- Baguettes
- Salad & Fixin's
- Fresh Fruit

### **Saturday - Dinner**

- Chicken Pot Pie (GF)
- Vegetable Pot Pie w/Vegan Topping (V / GF)
- Mashed Potatoes (V)
- Roasted Broccoli (V)
- Applesauce
- Dinner Rolls
- Salad

### **Saturday - After Ritual**

- Popcorn
- Seasoned Nut Mix
- Honey Cake
- Apple Cake
- Hot Cocoa
- Apple Cider
- Veg & Hummus (chips, baby carrots, celery, etc.)
  - No Allium Hummus will be available

### **Sunday - Breakfast**

- Overnight Oatmeal w/Toppings
- Vanilla Quinoa
- Hash (Vegan)
- Quiche (Vegan)
- Bacon
- Fresh Fruit

**Sunday - Lunch**

- Leftovers!